

SIRVEN & ASSOCIATES ALLERGY AND ASTHMA CENTER

Patient Instructions before Allergy Testing

Medications that need to be stopped 5 days prior to your visit are all antihistamines.

ANTIHIISTAMINES

ALLEGRA	(FEXOFENADINE)	<u>EYE DROPS</u>	<u>NASAL SPRAYS</u>
XYZAL	(LEVOCETIRIZINE)	PATANOL	ASTEPRO
CLARINEX	(DESLORATIDINE)	OPTIVAR	ASTELIN
ATARAX	(HYDROXYZINE)	ZADITOR	PATANASE
TANAFED DMX		PATADAY	
TUSSIONEX		ELESTAT	
PALGIC			
TUSSI-12 DS	(PYRILAMINE)		
BROMFED	(BROMPHENIRAMINE)		
RONDEC SYRUP			
PROMETHAZINE WITH CODEINE			
NALDECON			
DURATUSS AC			
SEMPREX D	(ACRIVASTINE)		
ALLERX	(CHLORPHENIRAMINE)		
RYNATAN	(CHLORPHENIRAMINE)		
PBZ	(TRIPLENNAMINE)		
PHENERGAN	(PROMETHAZINE)		
TAVIST			
PERIACTIN	(CYPROHEPTADINE)		
VISTARIL			

OVER THE COUNTER ANTIHIISTAMINES

ZYRTEC	(CETIRIZINE)
CLARITIN	(LORATADINE)
BENADRYL	(DIPHENHYDRAMINE)
ALAVERT	(LORATADINE)
ACTIFED	(TRIPROLIDINE)
SUDAFED SINUS/ALLERGY	
NYQUIL	
TYLENOL PM	
TYLENOL COLD	

Medications that do not affect skin testing results are **Albuterol, Prednisone, Singular, Ventolin, Xopenex, and all other asthma inhalers.**

If you have questions about a specific medication do not hesitate to contact our office.